

Little Uno
Presented by One Step By Coaching
July 23, 2011
Jordan Lake, NC
1 Mile

Results by FS Series - www.fsseries.com

Little Uno

******* FEMALE OVERALL RESULTS *******

Place	Name	Age	City	State	Official
1	Kim Rice	30	Durham	NC	25:21.2
2	Pat Rohner	52	Raleigh	NC	25:40.1
3	Carrie Vetter	31	Cary	NC	25:56.7
4	Erin Bolduc	32	Wake Forest	NC	26:11.1
5	Katie O'Brien	28	Chapel Hill	NC	26:43.2
6	Sara Rafalson	23	Matthews	NC	27:22.8
7	Jeanna Chain	39	Wake Forest	NC	27:31.7
8	Elisabeth Graham	37	Wake Forest	NC	28:17.7
9	Brianne Gaal	32	Cary	NC	29:02.4
10	Sharon Long	41	Wake Forest	NC	29:23.0
11	Sarah Dotters-Katz	28	Durham	NC	29:24.6
12	Dawn Franklin	42	Durham	NC	31:10.3
13	Shawna Turrick	36	Apex	NC	32:24.1
14	Tracy Nelson	41	Holly Springs	NC	32:29.3
15	Deborah Pritchard	46	Durham	NC	34:18.4
16	Michelle Pittelli	44	Apex	NC	35:11.0
17	Joellen Holder	36	Clayton	NC	35:49.6
18	Estelle L Hart	33	Clemmons	NC	36:53.9
19	Mary Anna Hovey	68	Durham	NC	37:07.3

20	Julianne Walther	40	Cary	NC	37:20.7
21	Maggie Rougier-Chapman	38	Raleigh	NC	37:24.7
22	Sondra Davis	36	Raleigh	NC	37:58.6
23	Christine Pesetski	36	Durham	NC	38:09.5
24	Jamie Foehl	34	Durham	NC	38:13.6
25	Jen Richey	40	Durham	NC	38:15.3
26	Faith Stuart	29	Wake Forest	NC	38:26.5
27	April Crider	43	Hillsborough	NC	38:32.3
28	Kari Williams	36	Garner	NC	38:41.9
29	Valerie Faulkner	48	Durham	NC	38:45.5
30	Suzy Nisbet	47	Cary	NC	38:52.5
31	Janet Shaffer	45	Durham	NC	39:00.2
32	Amber Cushing	29	Chapel Hill	NC	40:04.5
33	Stephanie Parker	41	Winston-Salem	NC	41:46.9
34	Ann Martin	46	Knightdale	NC	42:11.7
35	Susan Morrison	40	Durham	NC	42:40.5
36	Gabrielle Trasti	14	Clayton	NC	44:54.0
37	Juliet Brundige	44	Cary	NC	45:09.0
38	Mariana Russell	32	Raleigh	NC	46:01.5
39	Lila Godwin	58	Dunn	NC	46:19.9
40	Tracy Dunham	51	Cary	NC	54:15.5
41	Hannah Weaver	22	Lillington	NC	54:45.3

Little Uno

***** MALE OVERALL RESULTS *****

Place	Name	Age	City	State	Official
1	Nathaniel Hawkins	33	Greensboro	NC	26:00.4
2	Christopher Long	13	Wake Forest	NC	27:25.3
3	David Krebs	27	Durham	NC	27:48.2
4	Patrick McGahan	47	Chapel Hill	NC	28:25.2
5	Craig Joy	49	Norfolk	VA	28:47.1
6	Gregory Cook	49	Advance	NC	28:52.7

7	Dave Trettel	29	Raleigh	NC	29:07.6
8	David Jones	53	Cary	NC	29:10.9
9	Greg Gooch	40	Cary	NC	29:22.6
10	Jay Volk	39	Holly Springs	NC	29:33.2
11	Patrick Ward	32	Mebane	NO	29:46.0
12	Tim Kute	66	Winston-Salem	NC	30:21.6
13	Russell Carter	37	Southern Pines	NC	30:49.6
14	Jiang Zheng	34	Cary	NC	31:04.9
15	Will Yelverton	31	Raleigh	NC	31:10.4
16	Glenn Blatz	44	Raleigh	NC	31:16.4
17	Bert Furey	56	Chapel Hill	NC	31:28.2
18	Jonathan Healy	31	Fayetteville	NC	32:03.5
19	Andy Whittaker	31	Cary	NC	32:06.0
20	Darrell Swing	50	Winterville	NC	34:54.7
21	Jason Edwards	34	Raleigh	NC	36:16.2
22	Nick Livy	26	Cary	NC	36:35.8
23	Ryan Rosendahl	35	Clayton	NC	37:11.0
24	Mark Royster	37	Durham	NC	37:12.6
25	David Swanson	45	Durham	NC	37:12.9
26	Michael Wells	46	Raleigh	NC	37:23.1
27	Rick Sharpton	51	Winterville	NC	38:46.6
28	Kent Lyman	52	Cary	NC	39:14.2
29	Randy McGowan	48	Winterville	NC	39:46.7
30	Dan Girouard	40	Cary	NC	39:48.0
31	David Culbertson	43	Raleigh	NC	40:17.9
32	William Moore	68	Cary	NC	40:30.7
33	Anthony Bondy	33	Durham	NC	41:19.0
34	John Huson	77	Charlotte	NC	41:42.7
35	James Michael	31	Raleigh	NC	41:48.9
36	Brian Searcy	46	Raleigh	NC	42:16.0
37	Jon Sasser	55	Raleigh	NC	42:46.1
38	Alan Hill	43	Cary	NC	43:20.5
39	Ramon Alatorre	25	Chapel Hill	NC	43:21.0
40	David Biles	52	Garner	NC	44:49.6
41	Chuck Davis	51	West End	NC	45:12.6
42	Newton Soloe	41	Durham	NC	45:13.2

43	Faizal Hamdoon	21	Raleigh	NC	49:35.7
44	Dennis Geiser	67	Pittsboro	NO	49:42.5
45	Thomas Weaver	22	Lillington	NC	54:45.1

AGE GROUP RESULTS

FEMALE AGE GROUP: 1 - 13

Place	Bib	Name	Age	City	State	Official
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MALE AGE GROUP: 1 - 13

Place	Bib	Name	Age	City	State	Official
1	152	Christopher Long	13	Wake Forest	NC	27:25.3

FEMALE AGE GROUP: 14 - 15

Place	Bib	Name	Age	City	State	Official
1	186	Gabrielle Trasti	14	Clayton	NC	44:54.0

MALE AGE GROUP: 14 - 15

Place	Bib	Name	Age	City	State	Official
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FEMALE AGE GROUP: 16 - 19

Place	Bib	Name	Age	City	State	Official
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MALE AGE GROUP: 16 - 19

Place	Bib	Name	Age	City	State	Official
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FEMALE AGE GROUP: 20 - 24

Place	Bib	Name	Age	City	State	Official
1	167	Sara Rafalson	23	Matthews	NC	27:22.8
2	194	Hannah Weaver	22	Lillington	NC	54:45.3

MALE AGE GROUP: 20 - 24

Place	Bib	Name	Age	City	State	Official
1	136	Faizal Hamdoon	21	Raleigh	NC	49:35.7
2	193	Thomas Weaver	22	Lillington	NC	54:45.1

FEMALE AGE GROUP: 25 - 29

Place	Bib	Name	Age	City	State	Official
1	162	Katie O'Brien	28	Chapel Hill	NC	26:43.2
2	120	Sarah Dotters-Katz	28	Durham	NC	29:24.6
3	182	Faith Stuart	29	Wake Forest	NC	38:26.5
4	117	Amber Cushing	29	Chapel Hill	NC	40:04.5

MALE AGE GROUP: 25 - 29

Place	Bib	Name	Age	City	State	Official
1	148	David Krebs	27	Durham	NC	27:48.2
2	187	Dave Trettel	29	Raleigh	NC	29:07.6
3	204	Nick Livy	26	Cary	NC	36:35.8
4	106	Ramon Alatorre	25	Chapel Hill	NC	43:21.0

FEMALE AGE GROUP: 30 - 34

Place	Bib	Name	Age	City	State	Official
1	168	Kim Rice	30	Durham	NC	25:21.2
2	189	Carrie Vetter	31	Cary	NC	25:56.7
3	110	Erin Bolduc	32	Wake Forest	NC	26:11.1
4	128	Brianne Gaal	32	Cary	NC	29:02.4
5	137	Estelle L Hart	33	Clemmons	NC	36:53.9
6	125	Jamie Foehl	34	Durham	NC	38:13.6
7	175	Mariana Russell	32	Raleigh	NC	46:01.5

MALE AGE GROUP: 30 - 34

Place	Bib	Name	Age	City	State	Official
1	138	Nathaniel Hawkins	33	Greensboro	NC	26:00.4
2	192	Patrick Ward	32	Mebane	NO	29:46.0

3	200	Jiang Zheng	34	Cary	NC	31:04.9
4	199	Will Yelverton	31	Raleigh	NC	31:10.4
5	139	Jonathan Healy	31	Fayetteville	NC	32:03.5
6	196	Andy Whittaker	31	Cary	NC	32:06.0
7	122	Jason Edwards	34	Raleigh	NC	36:16.2
8	111	Anthony Bondy	33	Durham	NC	41:19.0
9	157	James Michael	31	Raleigh	NC	41:48.9

FEMALE AGE GROUP: 35 - 39

Place	Bib	Name	Age	City	State	Official
1	202	Jeanna Chain	39	Wake Forest	NC	27:31.7
2	134	Elisabeth Graham	37	Wake Forest	NC	28:17.7
3	188	Shawna Turrick	36	Apex	NC	32:24.1
4	142	Joellen Holder	36	Clayton	NC	35:49.6
5	208	Maggie Rougier-Chapman	38	Raleigh	NC	37:24.7
6	119	Sondra Davis	36	Raleigh	NC	37:58.6
7	164	Christine Pesetski	36	Durham	NC	38:09.5
8	198	Kari Williams	36	Garner	NC	38:41.9

MALE AGE GROUP: 35 - 39

Place	Bib	Name	Age	City	State	Official
1	190	Jay Volk	39	Holly Springs	NC	29:33.2
2	113	Russell Carter	37	Southern Pines	NC	30:49.6
3	171	Ryan Rosendahl	35	Clayton	NC	37:11.0
4	174	Mark Royster	37	Durham	NC	37:12.6

FEMALE AGE GROUP: 40 - 44

Place	Bib	Name	Age	City	State	Official
1	151	Sharon Long	41	Wake Forest	NC	29:23.0
2	126	Dawn Franklin	42	Durham	NC	31:10.3
3	160	Tracy Nelson	41	Holly Springs	NC	32:29.3
4	165	Michelle Pittelli	44	Apex	NC	35:11.0
5	191	Julianne Walther	40	Cary	NC	37:20.7
6	169	Jen Richey	40	Durham	NC	38:15.3

7	115	April Crider	43	Hillsborough	NC	38:32.3
8	163	Stephanie Parker	41	Winston-Salem	NC	41:46.9
9	159	Susan Morrison	40	Durham	NC	42:40.5
10	112	Juliet Brundige	44	Cary	NC	45:09.0

MALE AGE GROUP: 40 - 44

Place	Bib	Name	Age	City	State	Official
1	133	Greg Gooch	40	Cary	NC	29:22.6
2	109	Glenn Blatz	44	Raleigh	NC	31:16.4
3	131	Dan Girouard	40	Cary	NC	39:48.0
4	116	David Culbertson	43	Raleigh	NC	40:17.9
5	141	Alan Hill	43	Cary	NC	43:20.5
6	181	Newton Soloe	41	Durham	NC	45:13.2

FEMALE AGE GROUP: 45 - 49

Place	Bib	Name	Age	City	State	Official
1	166	Deborah Pritchard	46	Durham	NC	34:18.4
2	123	Valerie Faulkner	48	Durham	NC	38:45.5
3	161	Suzy Nisbet	47	Cary	NC	38:52.5
4	178	Janet Shaffer	45	Durham	NC	39:00.2
5	154	Ann Martin	46	Knightdale	NC	42:11.7

MALE AGE GROUP: 45 - 49

Place	Bib	Name	Age	City	State	Official
1	155	Patrick McGahan	47	Chapel Hill	NC	28:25.2
2	146	Craig Joy	49	Norfolk	VA	28:47.1
3	114	Gregory Cook	49	Advance	NC	28:52.7
4	183	David Swanson	45	Durham	NC	37:12.9
5	195	Michael Wells	46	Raleigh	NC	37:23.1
6	156	Randy McGowan	48	Winterville	NC	39:46.7
7	177	Brian Searcy	46	Raleigh	NC	42:16.0

FEMALE AGE GROUP: 50 - 54

Place	Bib	Name	Age	City	State	Official
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1	170	Pat Rohner	52	Raleigh	NC	25:40.1
2	121	Tracy Dunham	51	Cary	NC	54:15.5

MALE AGE GROUP: 50 - 54

Place	Bib	Name	Age	City	State	Official
1	145	David Jones	53	Cary	NC	29:10.9
2	184	Darrell Swing	50	Winterville	NC	34:54.7
3	179	Rick Sharpton	51	Winterville	NC	38:46.6
4	210	Kent Lyman	52	Cary	NC	39:14.2
5	108	David Biles	52	Garner	NC	44:49.6
6	118	Chuck Davis	51	West End	NC	45:12.6

FEMALE AGE GROUP: 55 - 59

Place	Bib	Name	Age	City	State	Official
1	132	Lila Godwin	58	Dunn	NC	46:19.9

MALE AGE GROUP: 55 - 59

Place	Bib	Name	Age	City	State	Official
1	127	Bert Furey	56	Chapel Hill	NC	31:28.2
2	176	Jon Sasser	55	Raleigh	NC	42:46.1

FEMALE AGE GROUP: 60 - 64

Place	Bib	Name	Age	City	State	Official
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MALE AGE GROUP: 60 - 64

Place	Bib	Name	Age	City	State	Official
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FEMALE AGE GROUP: 65 - 69

Place	Bib	Name	Age	City	State	Official
1	143	Mary Anna Hovey	68	Durham	NC	37:07.3

MALE AGE GROUP: 65 - 69

Place	Bib	Name	Age	City	State	Official
1	150	Tim Kute	66	Winston-Salem	NC	30:21.6
2	158	William Moore	68	Cary	NC	40:30.7
3	130	Dennis Geiser	67	Pittsboro	NO	49:42.5

FEMALE AGE GROUP: 70 - 74

Place	Bib	Name	Age	City	State	Official
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MALE AGE GROUP: 70 - 74

Place	Bib	Name	Age	City	State	Official
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FEMALE AGE GROUP: 75 - 98

Place	Bib	Name	Age	City	State	Official
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MALE AGE GROUP: 75 - 98

Place	Bib	Name	Age	City	State	Official
1	144	John Huson	77	Charlotte	NC	41:42.7

FEMALE AGE GROUP: 99 - 99

Place	Bib	Name	Age	City	State	Official
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MALE AGE GROUP: 99 - 99

Place	Bib	Name	Age	City	State	Official
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